

Current EOL Bereavement Services Mapping

MAIN CONTRACT commissioned **Adult IAPT** - provided by **MPFT** and **NSCHT**
Staffordshire and Stoke on Trent Wellbeing Service

Also includes:-

- North Staffs Minds
- Burton Mind
- Changes Health and Wellbeing
- Dove

01782 711651 – self referral and self-help information on bereavement is available on the website

<https://www.staffsandstokewellbeing.nhs.uk/>

All of the above have their own service detailed below:-

Children and Younger Persons
 commissioned support is provided by **Changes Health and Wellbeing (Stoke)**

<http://changeshere4u.org.uk/stay-well-children-and-young-people/>

01782 413101

stoke@changes.org.uk

And

Staffordshire Emotional Health and Wellbeing Service

<https://www.staffordshire-ewb.actionforchildren.org.uk/>

01543 510145

StaffordshireEWB@actionforchildren.org.uk

Mental Health – Helpline – Brighter Futures – Adult service
<https://www.brighter-futures.org.uk/staffordshire-mental-health-helpline/>

7pm-2am weekdays

2pm-2am weekends

Every day of the year

Call FREE from landlines and mobile networks on 0808 800 2234

Text: 07860 022821 (FREE)

Email: Staffordshire.helpline@brighter-futures.org.uk

Instant Messaging Service (online chat): Go to the homepage of the website and click on the Instant Messaging Service

The Helpline can help you if you are:

- Aged over 18 and living in Staffordshire
- Feeling pressured
- In debt or worried about your finances
- Not coping
- Having a relationship or family breakdown
- Concerned about your physical or mental health
- Unemployed
- Isolated or lonely
- Sad because someone has died
- Concerned about a friend, colleague or family member
- Looking after somebody and need some support

Carers Hub – Adult and CYP services

Commissioned across Staffordshire and Stoke to provide:-

- Tailored advice, training and information
- Carers Assessments , support planning
- Social and health services
- Tailored advice, training and information
- Money, employment and housing
- Mental Health, Learning Disabilities support and Well being
- Facilitating social activities

<https://www.thecarershub.co.uk/>

or call 0330 123 1937

North Staffs Mind
Adult and CYP services

Improving mental health in North Staffordshire and surrounding areas.

01782 262100

<https://nsmind.org.uk/about-us/>

reception@nsmind.org.uk

Burton and District Mind

01283 566696

<http://www.burtonmind.co.uk/>

info@burtonmind.co.uk

Changes Health and Wellbeing
Adult and CYP services

<http://www.changes.org.uk/>

A user-led mental health charity providing a unique recovery service to those in mental distress, based on users attending weekly mutual help groups and following CHANGES 12 step recovery programme.

01782 413101

stoke@changes.org.uk

The Dove Service
Adult and CYP services

Covering Stoke on Trent and North Staffordshire

Enables people who are experiencing bereavement, life changing illness or significant loss, to receive the highest quality of care and support to understand their grief and cope with their loss.

<https://www.thedoveservice.org.uk/>

01782 683155

Cruse Bereavement Care
Adult and CYP services

South Staffordshire – Cannock, Lichfield and Tamworth

The free helpline number is **0808 808 1677 (01543 433479)**

You can also email helpline@cruse.org.uk

The helpline is open Monday-Friday 9.30-5pm (excluding bank holidays), with extended hours on Tuesday, Wednesday and Thursday evenings, when we're open until 8pm. There is also a Burton Office covering East Staffs 01283 533362

<https://www.supportstaffordshire.org.uk/organisation-directory/cruse-bereavement-care-burton>

North Staffs Carers Association
Adult and CYP services

Provide FREE Services for unpaid Carers in North Staffordshire this includes:

A dedicated Carers Centre, Information and Advice, Emotional Support, Practical Help, Break Opportunities, and Social Activities, Along with support to access Benefits and Grants.

<https://www.carersfirst.com/>

or call 01782 793100

CASS the Carers Association
Adult and CYP services

Advice and emotional Support

Living Well with Dementia Groups – around Staffordshire

CASS Cafés – Eccleshall, Penkridge and Tamworth

Carers Information

Liaison with other Professionals

Signposting and Awareness Raising

01785 606675

<http://carersinformation.org.uk/>

NSCHT has a website page around bereavement and links to the following support:

- Cruse Bereavement Care
- Dove
- Staffs Mental Health Helpline
- Samaritans

<https://combined.nhs.uk/how-to-access-us-in-a-crisis/coping-with-bereavement/>

Similarly the **Hospices** also have bereavement information available.

Douglas Macmillan - <https://www.dmhospice.org.uk/wp-content/uploads/2015/08/Your-Bereavement.pdf>

St Giles - <https://www.stgileshospice.com/how-we-can-help-you/our-care/bereavement-support/>

Katherine House - <https://www.khhospice.org.uk/node/152/>

Donna Louise - <https://www.thedonnalouise.org/families/services/end-of-life-care>

GB Prohealth LTD
Adult and CYP services

Therapy, self-help and training services covering Lichfield, Tamworth and Cannock

01543 480360

Pro Health

admin@prohealth.co.uk

CCG commissioned service

Service available but not commissioned by the CCG

Staffordshire County Council

Have two websites detailing a number of organisations who can provide support

<https://www.supportstaffordshire.org.uk/search/node/Bereavement%20services>

<https://www.staffordshire.gov.uk/Births-deaths-and-marriages/Death-and-bereavement/Help-and-Support-with-Bereavement.aspx>

Staffordshire and District Bereavement and Loss Support Service

(linked to Katherine House Hospice but independent charity)

01785 273768 E mail sdblls@hotmail.co.uk